Doctor's Best, High Absorption Magnesium Powder, 7.1 oz (200 g)

Description

- Science-Based Nutrition™
- Lysinate Glycinate
- 100% Chelated
- Muscle Relaxation & Healthy Sleep Support
- Albion Minerals
- Dietary Supplement
- Non-GMO / Gluten Free / Soy Free / Vegan

Doctor's Best High Absorption Magnesium provides a daily dose of high absorption magnesium without the gastrointestinal distress.

This superior formula with 100% chelated lysinate glycinate magnesium absorbs effectively to support muscle relaxation and optimum nerve function.

- Supports muscle relaxation and restful sleep
- Essential in 300 enzyme systems that support biochemical functions
- Up to 6x better absorbed than other forms of magnesium

Amino acid chelate supplied by Balchem Corporation.

Suggested use

Mix 1 level scoop with 8-oz fruit juice or beverage of your choice twice daily, or as recommended by a nutritionally-informed physician.

Other ingredients

None.

Warnings

tore in a cool dry place.

Some settling of contents may occur, which may cause slight variations in number of servings. Product is sold by weight not by volume.

Supplement Facts		
Serving Size: 1 scoop (~2 grams)		
Serving Per Container: Approximately 100		

Supplement Facts		
	Amount Per Serving	**% Daily Value**
Magnesium (from 2,000 mg magnesium lysinate glycinate chelate)	200 mg	48%

- Doctor's Best, High Absorption Magnesium Powder, 7.1 oz (200 g) (닥터스 베스트, 고흡수 마그네슘 분말, 200g(7.1oz))

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